

~ ASK MOTHER NATURE ~



To receive a special Mother Nature Bookmark, send your questions to:
MotherNature@GrandLakeMountainProperty.com

or
 Annie G
 PO Box 573
 Grand Lake, CO 80447



Dear Mother Nature

Where does popcorn grow and how does it pop?

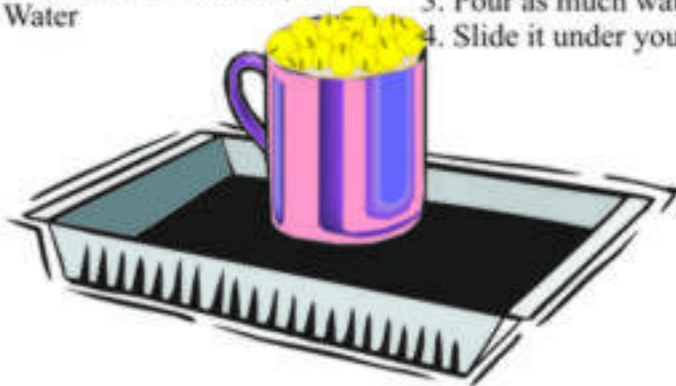
There are 5 types of corn grown in a corn field. Popcorn is the only one that pops. It comes in two natural colors, white or yellow. White popcorn was the original, but now more yellow is sold because it's larger and more flavorful.

The kernel has a small drop of water inside a soft circle of starch which is covered by a hard cover. When the kernel heats up, the water turns to steam. The steam pushes against the hard shell and finally explodes. Naturally yours, Mother Nature

Let's Have Some Crackling Fun!!

You will need:
 1 cup of kernels
 A metal or aluminum pan
 Water

1. Fill the cup to the top with uncooked kernels.
2. Put cup on a cookie sheet or pan
3. Pour as much water as you can, into the cup.
4. Slide it under your bed and leave it for 5 or 6 hours



In 5 or 6 hours you'll hear a crackling noise. As the water soaks into the seeds, they swell. Soon so many have swollen that they fall onto the tray and make the noise as they hit the tray.



POPCORN Timeline

Match the history of popcorn with the time-line below.

- F** Clod Smith (founded Jolly Time Pop Corn) set up shop in Sioux City, Iowa. They packaged the first branded popcorn in the U.S.
- B** When Columbus landed in America, the Native Americans wore popcorn necklaces and snacked on it too.
- D** Colonial women made breakfast cereal by pouring milk and sugar over popcorn
- A** Cavemen were surprised when they placed *maize* (early corn) too close to the fire....the world's first popcorn!!
- E** The first popcorn machine was invented. They could be pushed on carts, pulled by horse or mounted on trucks.
- C** At the first Thanksgiving celebration, the Native Americans brought bowls of popcorn.

Corny Joke!!!!



- 80,000 BCE Poppin' by the Fire
- 1492 Welcome to Popcorn Country
- 1620 Pass the Popcorn Please
- 1700 Pop of the Mornin' to You
- 1885 Poppin' Around Town
- 1914 Packaged Popcorn is Born

(From www.jollytime.com)

ANSWERS: A,B,C,D,E,F

Popped Facts

Popcorn has:

- ☺-more protein than any other cereal grain
- ☺-more iron than eggs, peanuts, spinach or roast beef
- ☺-more phosphorous and fiber than potato chips, ice cream cones or pretzels



©1992/2007 Annie G

Send your questions to:
MotherNature@GrandLakeMountainProperty.com

or
 Annie G
 PO Box 573
 Grand Lake, CO 80447